

Nutrition Facts

21 servings per container

Serving size 1 level scoop (44g)

Amount Per Serving

Calories

160

% Daily Value*

Total Fat 2.5g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 570mg **25%**

Total Carbohydrate 9g **3%**

Dietary Fiber 2g **7%**

Total Sugars 2g

Includes 2g Added Sugars **4%**

Protein 24g

Vitamin D 0mcg **0%**

Calcium 40mg **4%**

Iron 8mg **45%**

Potassium 320mg **6%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.